

# STATEN ISLAND SURGEONS BRING ADVANCED SURGICAL CARE TO THEIR HOMETOWN

Fellowship-trained surgeons Tomasine and Maria Fodera have a real “sister act” going. After studying at Georgetown University School of Medicine and leading ACGME-accredited training programs, both chose to enter the field of surgery. When the siblings decided to return to Staten Island to practice in their hometown, it made sense to work together.

The family relationship is not the only unusual thing about the Fodera’s practice, New York Surgical Associates.

*Tomasine is the only fellowship-trained surgical oncologist in Staten Island, Maria the community’s only female vascular surgeon.*

Dr. Tomasine Fodera completed a surgical oncology fellowship at University of Texas Southwestern Medical Center/Parkland Hospital in Dallas. She was one of two fellows to receive a Susan G. Komen Breast Cancer Foundation grant.

Dr. Maria Fodera was a vascular surgery fellow at the University of Tennessee in Memphis and at Maimonides Medical Center in Brooklyn. Dr. Fodera received a grant from Biersdorf-Jobst, Inc., a leading manufacturer of compression garments.

This level of training makes New York Surgical Associates one of the most advanced practices in the region. “You don’t have to leave Staten Island to receive leading-edge care. We offer sentinel node biopsy, which greatly minimizes surgical trauma and postoperative discomfort for breast cancer patients, state-of-the-art diagnostics for vascular disease and a new technique by Medtronic for repairing abdominal aortic aneurysm without large incisions,” explains Dr. Maria Fodera.

New York Surgical Associates’ continued relationship with the Komen Foundation and Biersdorf-Jobst is an important benefit to patients and the community. These organizations provide excellent educational material and allow properly selected patients to participate in promising research programs.

Drs. Tomasine and Maria Fodera treat men and women, but have a special interest in caring for the unique needs of female patients. “Women tend to take an active role when making health

care decisions. We are committed to thoroughly educating patients so that they can be good health care consumers,” says Dr. Tomasine Fodera.

Recently, the board-certified surgeons approached St. Vincent’s Medical Centers of New York about establishing a specialty center to improve and coordinate a broad range of services for women. The result is the Comprehensive Women’s Care Pavilion. Modeled after the Foderas’ private practice, the Pavilion stresses patient education and involvement in the healthcare process and includes an impressive library of videos, books and models.

The Pavilion is a single source for a wide range of services including general oncology; breast care; vascular surgery; ob/gyn, reproduction and infertility; perinatal and prenatal care; gynecologic oncology; uro-gynecology; plastic surgery, dermatology, internal medicine; cardiology; endocrine therapy/hormone management; mind/body programs; nutrition and more.

“We strive to make sure that each woman who comes to the Pavilion leaves with a diagnosis and a treatment plan. We bring all the services she needs under one roof,” say the doctors, who are the Pavilion’s Co-directors.



*Sisters and colleagues:  
Drs. Tomasine and Maria Fodera*



For further information, contact the offices of New York Surgical Associates at 2235 Clove Road, Staten Island, N.Y. 10305, 718-815-8100 or visit [www.nysurgassoc.com](http://www.nysurgassoc.com).